



Module 1: Foundations of Mythic Tarot

Unit 1: Introduction to Mythic Tarot

Setting the Scene: Unfolding the Mysteries of Tarot

Dive into the enchanting world of Mythic Tarot, exploring its rich history, symbolism, and its role in personal and spiritual growth. Understand how Tarot serves as a mirror reflecting your inner landscape.

Code of Ethics: Establishing Your Guiding Principles

Cultivate a strong ethical foundation, learning the importance of confidentiality, respect, and integrity in your practice. This unit will help you develop a personal code of ethics that resonates with your values and those of your clients.

Unit 2: The Psychology of Your Personal Journey and the Major Arcana

Your Hero's Journey: Crafting Your Own Personal Mythology

Examine Joseph Campbell's concept of the hero's journey and how it parallels the Major Arcana. Through this lens, you will create a personal mythology that honors your unique experiences and transformative moments.

Unit 3: Exploring the Archetypes that Shape Your Psyche

Mother and Father Archetypes: Their Influence on Your Inner World

Investigate the profound effects of parental archetypes on your psyche, understanding how they shape your behaviors, beliefs, and emotional responses.

Psychodynamic and Depth Psychology: Unraveling the Layers of Your Mind

Gain insights into your unconscious motivations and desires through psychodynamic principles. Explore depth psychology to uncover the deeper meanings behind your personal experiences. Somatic Psychotherapy and Dream Therapy: A Personal Immersion

Engage in somatic practices that connect mind and body, enhancing your understanding of emotional responses. Incorporate dream therapy techniques to delve into the messages of your subconscious mind.

Ullman Method: Integrating Tarot with Somatic Mindfulness



Learn to apply the Ullman Method by intertwining somatic mindfulness practices with Tarot, creating a holistic approach to interpretation and healing.

Unit 4: Conditioning, Programming, and Unconscious Patterns of Behavior Uncovering Your Patterns

Explore the conditioning and programming that shape your behaviors, reactions, and decisions. Learn to identify unconscious patterns that may be hindering your growth and development.

Transforming Patterns into Awareness

Develop strategies to transform these unconscious patterns into conscious awareness, enabling you to rewrite your story and support clients in their journeys of self-discovery.

Module 2: Navigating the Emotional Landscape

Unit 1: Mind, Emotions, and Sacred Boundaries

- Establishing Your Protective Space
 - Learn the significance of establishing sacred boundaries to protect your energy and emotions. Explore techniques to create a safe space for yourself and your clients during readings and therapeutic sessions.

Unit 2: Existentialism and Life's Greater Purpose

- Embracing Sacred Collaboration
 - Delve into existential questions about life, purpose, and meaning. Foster a sense of collaboration with the universe, discovering how your journey contributes to the greater tapestry of life.

Unit 3: Embracing Change through Death and Loss

- Liberation through Letting Go
 - Understand the transformative power of loss and how it can lead to profound personal growth. Explore methods for navigating grief and using it as a catalyst for positive change.
- Somatic Narrative Therapy: Therapeutic Practices for Healing
 - Integrate somatic and narrative therapy practices to help clients process their grief and experiences, enabling them to find healing through embodied storytelling.



- Mediumship: Facilitating Goodbye/Hello Conversations
 - Learn to facilitate conversations between the living and the departed, using mediumship techniques to provide closure and understanding for those in mourning.
- Grief and Loss Training: A Compassionate Approach
 - Equip yourself with compassionate strategies for supporting clients through their grief, helping them honor their feelings while guiding them toward healing.

Unit 4: Illuminating Shadows

- Sexuality, Habits, and Addictions: Shining Light on the Hidden
 - Examine the complexities of sexuality, habits, and addictions, learning to illuminate and address the shadows within yourself and your clients.
- Counseling 101: Foundations of Effective Communication
 - Develop foundational counseling skills that enhance your ability to communicate effectively and empathetically with clients, fostering trust and rapport.

Module 3: Embracing Duality and Transformation

Unit 1: Embracing the Light and Dark Within

- Introduction to Timeline Therapy
 - Discover timeline therapy techniques to help clients understand their past, present, and future narratives, facilitating healing and transformation.
- Recognizing Patterns
 - Identify recurring patterns in your life and in your clients' stories, enabling deeper insights and growth.
- Shadow Work: Uncovering Hidden Aspects of Self and Integrating the Shadow
 - Learn the art of shadow work, exploring the hidden aspects of your personality and integrating them to foster wholeness and acceptance.

Unit 2: Preparing for New Cycles

- The Circle of Life: Embracing Transformation
 - Engage with the concept of life cycles, understanding the importance of endings and beginnings in your personal and spiritual growth. Equip yourself for new cycles and transitions in your practice.



Unit 3: The Power of the Mythical Journey

- Integrating Somatic Mindfulness and Predictive Tarot
- Combine somatic mindfulness practices with predictive Tarot to enhance your readings, providing clients with insights and foresight on their journeys.
- Understanding Transference and Countertransference
- Gain awareness of transference and countertransference dynamics in therapeutic relationships, enabling you to navigate them with skill and insight.

Unit 4: An Introduction to Major Arcana Readings

- Unlocking Deeper Insights
- Master the art of Major Arcana readings, learning to interpret these powerful cards in a way that provides transformative insights for yourself and your clients.

Module 4: The Elemental Journey – Water

Unit 1: Dive into the Water Element

- Exploring Emotional Depths
 - Connect deeply with the element of water, enhancing your emotional intelligence and intuitive abilities. Understand how the fluid nature of water can aid in emotional healing and expression through storytelling.

Unit 2: The Cups of the Minor Arcana

- Navigating Relationships and Emotions
 - Learn to interpret the Cups in relation to emotions and relationships, providing clarity and guidance in readings. Emphasize how storytelling can be a healing tool in these contexts.

Unit 3: The Court Cards of Cups

- Narrative Therapy: Remembering Conversations that Matter
 - Utilize narrative techniques to enhance your understanding of emotional dynamics, empowering clients through meaningful conversations and storytelling. Help them reclaim their narrative through embodied storytelling.



Module 5: The Elemental Journey – Fire

Unit 1: Ignite Your Passion with Fire

- Exploring the Elemental Energies
 - Rekindle your inner fire, exploring its role in creativity and motivation, both in your life and in your practice.

Unit 2: The Wands and Your Lived Experiences

- Harnessing Creative Energy
 - Explore the Wands and how they relate to your personal experiences, using them to inform your intuitive insights and readings.

Unit 3: The Court Cards of Wands

- Narrative Therapy: Cultivating Unique Outcomes
 - Explore and identify unique outcomes from a narrative therapy perspective that empower clients to recognize their strengths and resilience, enabling them to rewrite their personal narratives toward a more hopeful and empowering future.

Module 6: The Elemental Journey – Air

Unit 1: Ascend with the Element of Air

- Exploring Ideas and Communication
 - Enhance your communication skills and intellectual insights through the element of air, facilitating clearer connections with clients. Explore how storytelling can clarify complex ideas.

Unit 2: The Journey of the Swords

- Navigating Thoughts and Conflicts
 - Examine the Swords and their relation to thoughts, communication, and conflict, equipping yourself to address and resolve mental challenges effectively.



Unit 3: The Court Cards of Swords

- Narrative Therapy: Externalizing the Problem Story**

Utilize externalization techniques to help clients gain perspective and agency over their challenges, fostering a sense of empowerment and control through the practice of storytelling.

Module 7: The Elemental Journey – Earth

Unit 1: Grounding with the Element of Earth

- Exploring Stability and Security
 - Cultivate a sense of grounding and stability through the earth element, enhancing your overall well-being and connection to the physical world. Understand how grounded storytelling can anchor your clients in their experiences.

Unit 2: The Journey of the Pentacles

- Embracing Abundance and Material Growth
 - Explore the Pentacles in relation to abundance, material wealth, and personal growth, discovering how to manifest prosperity in your life and practice through storytelling.

Unit 3: The Court Cards of Pentacles

- Tarot Therapy Practice: Bringing It all together